



October 2026



Monday	Tuesday	Wednesday	Thursday	Friday
Emily - 10/1 Kevin P 10/2 Marlee-10/9 Angel-9/20 (Staff) Susan-10/29 	Wendy-10/11 19(yrs) Staff Carlos-10/17 (3yrs) Kenny-10/18 (5yrs) Simon-10/26 (5yrs) Shele-10/27 (11yrs) 		1 10:15-11:15 National Black Dog Day 12:50-1:20 Homemade Day	2 10:15-11:15 Participants' Antiques Show 12:50-1:20 World Smile Day
5 10:15-11:15 Morning Star Music and Devotion 12:50-1:20 Emily's Birthday Activity 	6 10:15-11:15 Tai Chi w/ Ashelina 12:50-1:20 National Noodle Day	7 10:15-11:15 Coffee with a Cop Day 12:50-1:20 Marlee's Birthday Activity 	8 10:15-11:15 Health Talk w/ Michele 12:50-1:20 Happy Birthday Desmond 	9 10:15-11:15 Participants' Antiques Show 12:50-1:20 Participants Council See Time
12 10:15-11:15 Columbus Day National Pulled Pork Day 1:00-1:45 Respect Cultural Diversity Day	13 10:30-11:15 Tai Chi w/ Ashelina Breast Cancer Awareness Day 12:50-1:20 National M&M Day	14 10:15-11:15 Visit with Comfort Dog Faith Diamond Art 12:50-1:20 National Stop Bulling Day 	15 10:15-11:15 National I Love Lucy Day 12:50-1:20 Checker Tounarment w/ Kenny	16 10:15-11:15 National Boss's Day Allergy Awareness Day 12:50-1:20 Happy Birthday Cole 
19 10:15-11:15 National New Friends Day 12:50-1:20 Painting or Poker w/Kevin	20 10:30-11:15 Tai Chi w/Ashelin National Day on Writing 1:00-1:45 Angel's Birthday Activity 	21 10:15-11:15 Outing for Sliver Stars Apple Orchard 12:50-1:20 National Apple Day	22 10:15-11:15 National Color Day Wear Your Favorite 12:50-1:20 Let's Play Bingo	23 10:15-11:15 Fire Prevention w/ Terri 1:15-1:45 Music w/ Bad Boys of Conover
26 10:15-11:15 Outing for Sliver Stars Apple Orchard 12:50-1:20 National Pumpkin Day	27 10:30-11:15 Tai Chi w/Ashelin 1:00-1:45 Jennifer from Hickory Public Library	28 10:15-11:15 Visit with Comfort Dog Faith Diamond Art 12:50-1:20 Play Ball w/ Dickie- Larry 	29 10:15-11:15 Susan's Birthday Activity  12:50-1:20 Participant's Prepare Games for Carnival	30 10:15-11:15 Halloween Carnival 12:50-1:20 Halloween Carnival Parade & Dance
Adult Life Programs: (828) 324-1313		All activities are subject to change		USDA is an equal opportunities provider, employer, and lender

