

Nutrition Program Menu

July 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Pinto Beans Collard Greens Stewed Potatoes Cornbread Yogurt w/blueberries Milk	2 Pepper Steak Mashed Potatoes Cucumber Salad Dinner Roll Pineapple Milk	3 CLOSED  INDEPENDENCE DAY
6 Sloppy Joe Home Fries Coleslaw Bun Fresh Orange Milk	7 Chicken Fajita w/onions & peppers Spanish Rice Pinto Beans Sour Cream Fruit Cocktail Soft Tortilla Shells Milk	8 Biscuit & Gravy Scrambled Eggs Fresh Tomato Slices Baked Apples Milk	9 Hot Dog w/chili Baked Beans Coleslaw Bun Peaches Milk	10 Chicken Alfredo w/Noodles Green Beans Tossed Salad Wheat Roll Pears Milk
13 Lemon Pepper Chicken Rice Stewed Tomatoes Dinner Roll Fresh Orange Milk	14 Barbecue Boneless Pork Rib Lima Beans Mashed Potatoes Fruit Cocktail Dinner Roll Milk	15 Waffle Scrambled Eggs Sausage Links Home Fries Orange Juice Milk	16 Beef Tacos Black Beans Lettuce & Tomato Fresh Apple Slices Soft Tortilla Shells Milk	17 Baked Ham Pinto Beans Turnip Greens Cornbread Pudding Milk
20 Chopped Steak w/Brown Gray Green Beans Carrots Dinner Roll Cranberry Juice Milk	21 Fried Fish Filet Okra & Tomatoes Coleslaw Bun Peaches Milk	22 Turkey w/Gravy Cornbread Stuffing Sweet Potatoes Baked Apples Grape Juice Cranberry Sauce Milk	23 Baked Chicken w/Gravy Mashed Potatoes Green Peas Dinner Roll Pudding Milk	24 Lasagna Tossed Salad w/Green Peppers & Tomatoes Garlic Bread Yogurt w/Blueberries Milk
27 Cheeseburger Lettuce & Tomato Home Fries Pasta Salad Bun Milk	28 Spaghetti & Meat Sauce Corn Garlic Bread Pineapple w/Cottage Cheese Milk	29 Chicken & Dumplings Carrots Coleslaw Dinner Roll Peaches Milk	30 Meatloaf Macaroni & Cheese Lima Beans Dinner Roll Fresh Orange Milk	31 Baked Chicken w/Gravy Mashed Potatoes Carrot-Raisin Salad Dinner Roll Assorted Cookie Milk

Menu substitutes may occasionally have to be made of equal nutritional value.

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