

# ADULT LIFE PROGRAMS

Our vision is to be the leading provider of adult day services in NC

Our Mission: To enhance the vitality of participants' lives and support their caregivers by providing quality adult day services designed to keep them connected to and involved in the community.



## September 2024

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MON	TUES	WED	THURS	FRI
<b>2</b> <b>CLOSED FOR Labor Day</b> 	<b>3</b> 10:15-11:15 Morning Music Player Piano Day "Matthew" it's your Birthday pick your activity 1:00-1:45 National Skyscraper Day 	<b>4</b> 10:15-11:15 Select-a-Song Fun Google Day Community Outing (Shopping) 1:00-1:45 "Lily" it's your Birthday pick your activity World Alzheimer's Month 	<b>5</b> 10:15-11:15 Inspirational Songs Chair Exercise "Eric" it's your Birthday pick your activity 1:00-1:45 Yellow Daisy Days Kickoff Day (Football Trivia) 	<b>6</b> 10:15-11:15 Morning Song Mayflower Anniversary Shele's Activity Ballon Fun 1:00-1:45 Pet Therapy w/ Billy & Lakota Individual Activities 
<b>9</b> 10:15-11:15 Morning Star/ Music & Devotion Wii Games 12:45-1:45 Participants Council Meeting 	<b>10</b> 10:15-11:15 Community Outing (Shopping) Good News Day 1:00-1:45 Arnold Palmer Mocktail Activity w/ Lauren & Jennifer 	<b>11</b> 10:15-11:15 Inspirational Songs Word Game Wednesday 12:30-1:45 Visiting w/ Comfort Dog "FAITH" Taste of Honey Day 	<b>12</b> 10:15-11:15 Moving to the Oldies / Community Outing (Shopping) 1:00-1:45 Chocolate Milkshake Day Fit & Sit Number Game w/ Tracie 	<b>13</b> 10:15-11:15 Select-a-Song Fun "Patricia" its your Birthday pick your activity Positive Thinking Day 1:00-1:45 Movie Friday/ Individual Activities 
<b>16</b> 10:15-11:15 Select-a-Song Fun "Kristia" it's your Birthday pick your activity Adult Day Services Week Wear Your Sport Team Colors 1:00-1:45 Malcolm's Anniversary Activity 	<b>17</b> 10:15-11:15 Morning Song Share a Favorite Poem Day Harvest Moon Pajama Day 1:00-1:45 Shag w/ The Shag Master Newspaper and News 	<b>18</b> 10:15-11:15 Select-a-Song Fun Word Game Wednesday Camo/Cowboy/Cowgirl Day 12:30-1:30 Watercolor Wednesday Creative Painting w/ Kevin 	<b>19</b> 10:15-11:15 Moving to the Oldies / Community Outing (Lunch) Favorite Character Day 1:00-1:45 Let's Play Bingo 	<b>20</b> 10:15-11:15 Inspirational Songs "Beverly" it's your Birthday pick your activity 12:30-1:45 ADP Participant Day Neon Color Day Deaf Awareness Week Begins 
<b>23</b> 10:15-11:15 Select-a-Song Fun Community Outing (Lunch) Fall Hat Month 1:00-1:45 Happy Cat Month w/ Millisa Sand Creation w/ Arianna 	<b>24</b> 10:15-11:15 Morning Song / Trivia Tuesday Community Outing (Lunch) 1:00-1:45 Jennifer from Hickory Public Library /Diamond Art w/ Nikki 	<b>25</b> 10:15-11:15 Select-a-Song Fun Exercise/Small Groups Sessions 12:30-1:45 Visiting w/ Comfort Dog "FAITH" Comic Book Day 	<b>26</b> 10:15-11:15 Geriatric Adult Specialty Team Crisis Prevention Johnny Appleseed Day 1:00-1:45 A Poetic Day Group w/ The Shooting Stars (Madison & Glenn) 	<b>27</b> 10:15-11:15 "Rufus" it's your Birthday pick your activity John's Melodies for National Piano Month 12:45-1:45 Fall Foliage Friday Bad Boys Of Conover / Individual Activities 
<b>30</b> 10:15-11:15 Select-a-Song Fun Board Games /Interactive Card Games Community Outing (Lunch) 1:00-1:45 National Love People Day "Carole" it's your Birthday pick your activity 		Matthew -9/3 Lily-9/4 Eric-9/5 Patricia -9/14 Krista-9/16 Beverly -9/21 Rufus-9/27 Carole -9/29 	George -9/1(2year) Cassandra -9/1(2year) Malcolm-9/16 (5yrs) 	

\*\* Activities are subject to change \*\*

This institution is an equal opportunities provider