

Nutrition Program Menu

October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cheeseburger w/Chili Lettuce & Tomato Baked Beans Bun Peaches Milk	2 Chicken Pie Collard Greens Baked Apples Dinner Roll Milk Assorted Cookie	3 Baked Ham Broccoli w/Cheese Sauce Mashed Potatoes Orange Juice Cornbread Pudding Milk	4 Chili Con Carne Rice Coleslaw Cornbread Fruit Cocktail Milk
7 Barbecue Chicken Green Peas Glazed Carrots Fresh Apple Slices Dinner Roll Pudding Milk	8 Beef Tacos Black Beans Lettuce & Tomato Fruit Cocktail Milk Soft Tortilla Shells	9 Smoked Sausage w/Cabbage Crowder Peas Dinner Roll Peaches Milk	10 Breaded Chicken Filet Baked Beans Lettuce & Tomato Slices Bun Fruited Gelatin Milk	11 Chicken Alfredo w/Noodles Green Beans Pickled Beets Wheat Roll Pears Milk
14 Hot Dog w/Sauerkraut Pinto Beans Hot Sliced Apples Bun Fruited Gelatin Milk	15 Fried Fish Filet w/Tartar Sauce Okra & Tomatoes Coleslaw Bun Mixed Fruit Milk	16 ½ Pimento Cheese Sandwich on Wheat Bread Vegetable Beef Soup w/crackers Fresh Orange Pudding Milk	17 Spaghetti w/Meat Sauce Green Beans Tossed Salad w/Ranch Dressing Garlic Bread Pears Milk	18 Pinto Beans Turnip Greens Macaroni & Cheese Cornbread Orange Juice Milk
21 Chicken Pie Blackeye Peas Peaches Dinner Roll Assorted Cookie Milk	22 Meatloaf Diced Potatoes Broccoli Wheat Roll Orange Juice Pudding Milk	23 Chicken Parmesan Tossed Salad Fruit Cocktail Dinner Roll Assorted Cookie Milk	24 Hamburger Steak w/Gravy Mashed Potatoes Broccoli Casserole Applesauce Dinner Roll Orange Juice Milk	25 Barbecue Boneless Pork Rib Lima Beans Mashed Potatoes Dinner Roll Fruit Cocktail Milk
28 Sliced Turkey w/Gravy Cornbread Stuffing Green Beans Peach Cobbler Dinner Roll Milk	29 Sloppy Joe Home Fries Coleslaw Bun Applesauce Milk	30 Hot Dog w/chili Barbecue Slaw Lima Beans Apple Juice Bun Oatmeal Cookie Milk	31 Pancakes w/syrup Scrambled Eggs Sausage Links Home Fries Orange Juice Milk	

Menu substitutes may occasionally have to be made of equal nutritional value.
 “USDA is an equal opportunity provider and employer.”