










Adult Life Programs Conover
 211 2nd Avenue Place NE
 Conover, NC 28613
 828-464-0078

June 2024

Birthdays:
 Robbin-5th
 Ruth-7th
 Matthew-8th
 Sarah-15th
 Cindie-17th



Monday	Tuesday	Wednesday	Thursday	Friday
8:30-Coffee & Current Events 3 10:00-Morning Stretches 10:30-MH-Kim 12:30- Fun Facts-M  1:30-Independent Living Skills	8:30-Coffee & Current Events 4 10:00-Morning Stretches 10:30-Community Shopping/ Gems-Money Management Skills 12:30-TV Tunes 1:30-Independent Living Skills	8:30-Coffee & Current Events 5 10:00-Morning Stretches 10:30-Geography-Africa 12:30-Pet Therapy w/ Faith/ Making a Giraffe Collage 1:30-Independent Living Skills	8:30-Coffee & Current Events 6 10:00-Morning Stretches 10:30- Picnic at Knob's Creek and Ice Cream  12:30-Patio Cleanup 1:30-Independent Living Skills	8:30-Coffee & Current Events 7 10:00-Morning Stretches 10:30-Do-Nut Day Participant's Council Meeting 12:30-Community Ride for Do- nuts 1:30-Independent Living Skills
8:30-Coffee & Current Events 10 10:00-Morning Stretches 10:30-MH-Kim 12:30-Budget Shopping FL/ Meal Planning 1:30-Independent Living Skills	8:30-Coffee & Current Events 11 10:00-Morning Stretches  10:30-Cooking Class-Cold Plate-P/ Maintaining Social Boundaries 12:30-Socializing w/ Judy 1:30-Independent Living Skills	8:30-Coffee & Current Events 12 10:00-Morning stretches 10:30-VAYA-MH Discussion 12:30-Trip to the Library/ Jeopardy 1:30-Independent Living Skills	8:30-Coffee & Current Events 13 10:00-Morning Stretches 10:30-Bingo 12:30-Word of the Day-C 1:30-Independent Living Skills	8:30-Coffee & Current Events 14 10:00-Morning Stretches 10:30-Movie & Popcorn 12:30-Pictionary  1:30-Independent Living Skills
8:30-Coffee & Current Events 17 10:00-Morning Stretches 10:30-Cooking Class for Ladies/ Men Out to Lunch 12:30-Recognition of Fathers 1:30-Independent Living Skills 	8:30-Coffee & Current Events 18 10:00-Morning Stretches 10:30-Singalong w/ Libbie/ Un- Scramble the Words. 12:30-Patio Chat. 1:30-Independent Living Skills	8:30-Coffee & Current Events 19 10:00-Morning Stretches 10:30-Vol. Opportunity-Meals on Wheels/What Comes Next-Math. Juneteenth Day! 12:30-Pet Therapy w/ Faith 1:30-Independent Living Skills	8:30-Coffee & Current Events 20 10:00-Morning Stretches 1 st Day of Summer  10:30-Beach Day- Putt Putt Bai- loon Toss 12:30-Devotion time/ Pastor Mar- cus /Making Banana splits. 1:30-Independent Living Skills	8:30-Coffee & Current Events 21 10:00-Morning Stretches 10:00: Off to Carolina Theater (\$5.50). 12:30-Hangman Game-A. 1:30-Independent Living Skills
8:30-Coffee & Current Events 24 10:00-Morning Stretches 10:30-MH-Kim/Cooking Class- Birthday Cake 12:30: Monthly Birthday Party and Reminiscing.	8:30-Coffee & Current Events 25 10:00-Morning Stretches 10:30-Community Shopping/ Gents/Money Management Skills 12:30-Andy Griffin Trivia 1:30-Independent Living Skills	8:30-Coffee & Current Events 26 10:00-Morning Stretches 10:30-Bingo  12:30-Trip to the Library/ Anagram-J 1:30-Independent Living Skills	8:30-Coffee & Current Events 27 10:00-Morning Stretches 10:30-Bowling 12:30-Staying Hydrated-P 1:30-Independent Living Skills	8:30-Coffee & Current Events 28 10:00-Morning Stretches 10:30-Community Outing to the Park for Picnic and Exercise 1:30-Independent Living Skills 