



2022-2023 Annual Report



2022-2023 in numbers:

125 persons served

13,682 days of service

30,615 meals served

12% of revenue was allocated to administrative costs.

100% of donated dollars were invested into programs and services to benefit participants.

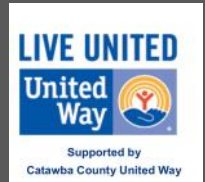
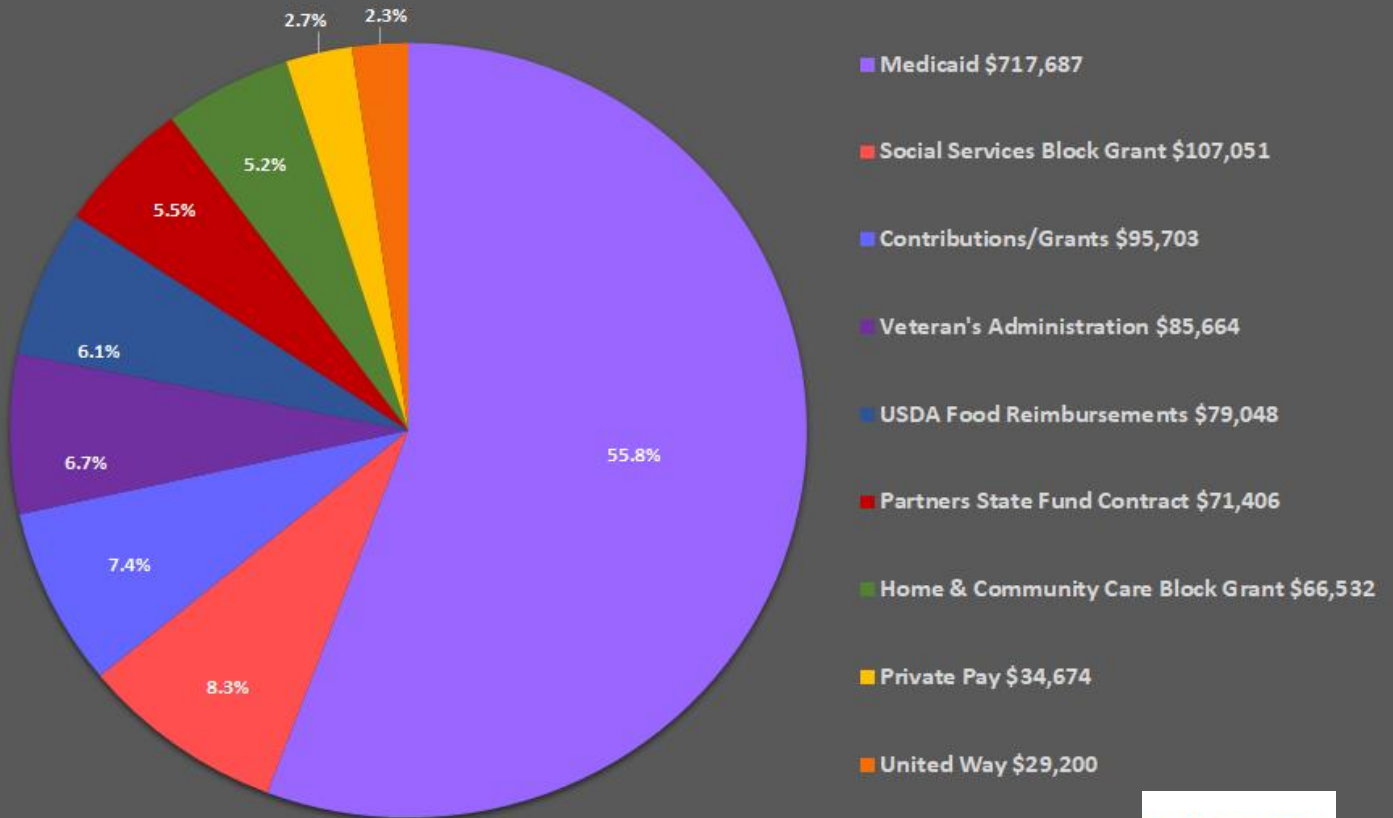
- ◆ **100%** of caregivers reported better health and less stress for themselves
- ◆ **97%** of elderly and disabled adults reported an increased quality of life
- ◆ **100%** of caregivers did not have to terminate employment due to caregiving duties
- ◆ **96%** of participants and caregivers reported being better able to speak up for their healthcare and/or mental



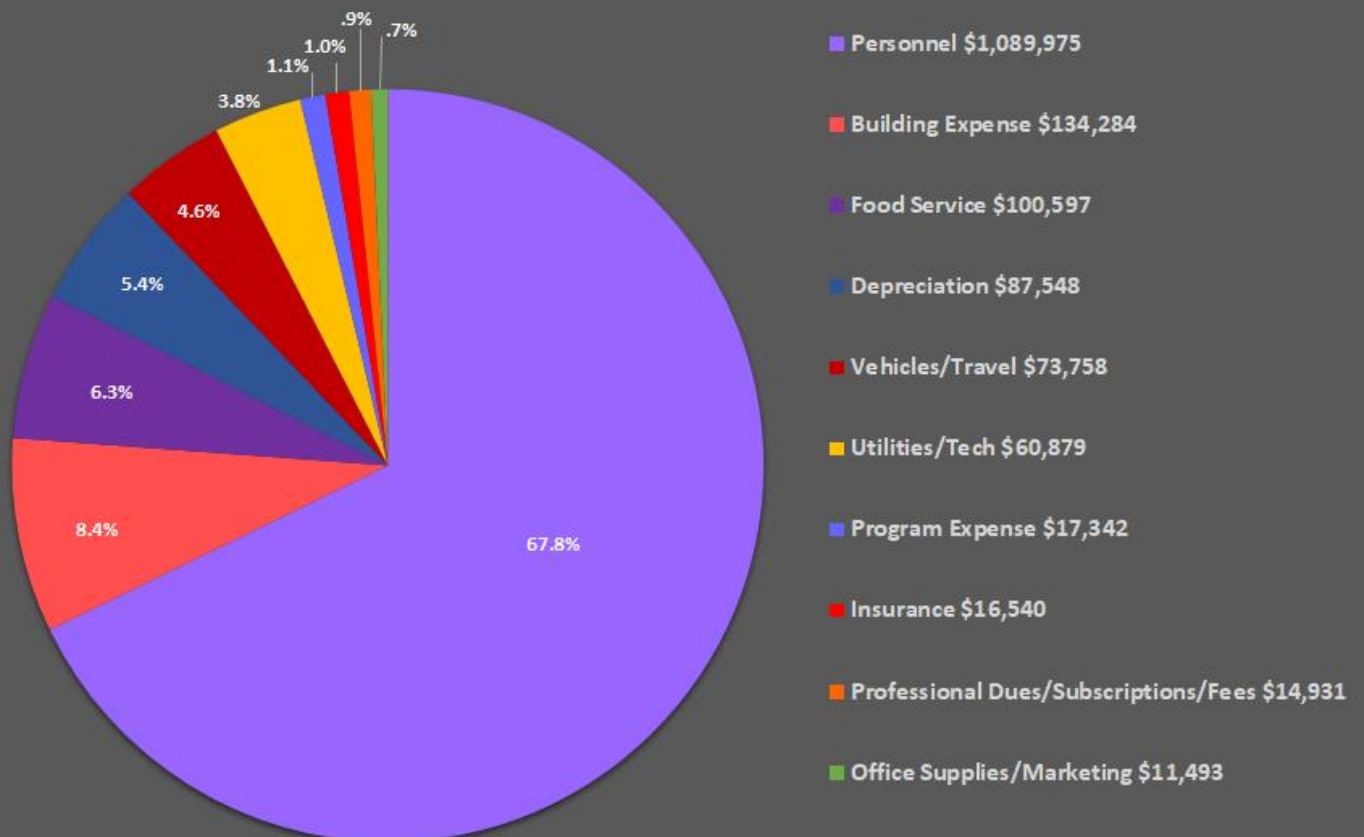
- Adult Life Programs provided services to people living in Alexander, Burke, Caldwell, Catawba, and Lincoln Counties.
- Adult Life Programs provided internship opportunities to students through Lenoir-Rhyne University, Appalachian State University, and UNC-Greensboro in the areas of Social Work, Human Services, Occupational Therapy, and Therapeutic Recreation.
- Adult Life Programs is supported by a 15-member Board of Directors, all of whom volunteer their time and service, representing such industries as: Occupational Therapy, Nursing, Public Health, Social Work, Banking, Business, Information Technology, and Aging Services.

Our Mission: To enhance the vitality of participants' lives and support their caregivers by providing quality adult day services designed to keep them connected to and involved in the community.

FYE June 2022 Annual Revenue \$1,286,965



FYE June 2022 Annual Expenses \$1,607,347





2022 DONORS



Gifts are reported from
January 1, 2022—December 31, 2022

- The Bolick Foundation - Cathy Smith -
- First Presbyterian Church of Hickory -
- St. Aloysius Catholic Church -

David Willingham - Fredrick & Donna Whitt - Rev. David & Sharon Noyes
Grover & Vanessa Linebarger - Michael & Erin Keegan
Jeffrey Bronnenberg - Karin McDaniel - Tony Cothren
William & Patsy Woods - Joyce Leatherman - Scott & Stephanie Weber
Susan Weber - Peggy Christy & Anne Cashwell - Patsy Frye

**ALONE WE CAN DO SO LITTLE;
TOGETHER WE CAN DO SO MUCH.**

-Helen Keller

Thank You to the many individuals, business, churches, and organizations for their generous charitable gifts! Your support is crucial to our ability to provide services to our community.



Hickory: This year the Hickory Center has welcomed several new staff members including Cassandra Hall, Day Services Manager and Michele Hamby, Health Care Coordinator, as well as many key support staff. Also, Blake Anderson received a promotion to Behavioral Health Coordinator. The staff as a whole has strived to provide meaningful services and care to the participants in Hickory, all while embracing the “new normal” that has followed the global pandemic. Participants have enjoyed community outings, special events, crafts, cooking, games, etc. and look forward to what is in store for the years to come.



- FYE 2022-2023
Board of Directors**
- Sue Friguglietti
Board Chair
 - Tony Cothren
Vice Chair
 - Nicholas Walden
Treasurer
 - Deb Hill
Secretary
 - Will Arant
 - Miriam Davis
 - Sandra Foster
 - Alice Layne
 - Nicholas Walden
 - Donna Whitt
 - Denise Albano
- Ex-Officio**
- Marcheta Campbell
 - Chandra Henson
 - Julie Byrd
 - Tina Miller



Conover: This year has also brought much change to the Conover Center. Participants here, many living in congregate living centers, continue to face barriers brought forward by the pandemic. Staff continue to provide support and help facilitate life skill development. We anticipate a focus on program content in the years to come.

Adult life is my home
away from home
I Love you All!
♥ Aubree

Maiden: Staff and participants in Maiden have adopted a new daily schedule this year to prevent idle time. Participants have enjoyed a robust calendar of activities to keep them engaged. We hope to expand services to adults with I/DD in Maiden in the years to come.



Key Personnel

- | | |
|--|---|
| Karin McDaniel MS, QP-Executive Director | Suzanne Devine-Day Services Manager Maiden |
| Jill McLelland BS, QP-Director of Operations | Michele Hamby BSN, RN-Health Care Coordinator |
| Crystal Brackett, BS-Finance Director | Cassandra Hall MHR, QP-Day Services Manager Hickory |
| Peggy Smith-Day Services Manager Conover | Blake Anderson BA, QP-Behavioral Health Coordinator |
| Kim Williams, BA, QP - Behavioral Health Coordinator | Cindy Saine- Center Resource Manager Hickory |