















# Conover Center July 2026

Mon	Tue	Wed	Thu	Fri
<b>Birthdays</b> 7/2 Carrie  7/5 Angela 7/25 Darlene 7/31 Andrew <b>ALP Anniversaries</b> 7/18 Steven (1yr)	<b>Daily Schedule</b> 8-10 AM Transportation & Breakfast 12 Drink Sales 12:15 Lunch 1—Assignment Completion 2:30 Snack 3-4 PM Transportation	<b>1</b> 10:30—Walking Group / Guest: Faith, Comfort Dog 11—Participant Council Meeting 1:30—Volunteering: Ashure / Group: Goal Group  2—Word of the Day	<b>2</b> 10—Volunteering: Ashure (2hr) 11—Activity: 4th of July Jeopardy / Cooking Class: Fruit Bar 1:30—4th of July Porch Party w/ Rocket Launch + Fruit Bar 2:30—Porch Party Clean-Up	<b>3 CLOSED—HOLIDAY</b> <b>Monthly Appreciation &amp; Awareness</b> <i>Disability Pride Month</i> <i>National Picnic Month</i> 
<b>6</b> 11—Outing: Walmart / Activity: BINGO (J) 1:30—Mental Health Monday: Article Read+ Review 2—Mindfulness Monday	<b>7 International Peace &amp; Love Day</b> 10:30—Bible Study (D)  11—Outing: Roses / Activity: Hands of Peace & Love 1:30—Volunteering: Ashure / Group: Coping Skills 2—Activity: Game Time (NT)	<b>8</b> 10:30—Walking Group 11—Outing: Farmers Market / Cooking Class: Tacos / Activity: Jeopardy (J) 1:30—Volunteering: Ashure / Group: Goal Group 2—Word of the Day	<b>9</b> 10—Volunteering: Ashure (2hr) 11—Outing: Outing: Ross & 5 Below Activity: Beaded Keychain 1:30—Group: Setting & Reflecting Boundaries  2—Activity: Beaded Keychain Cont...	<b>10</b> 10:30—Outing: Bowling @ Pin Station (\$) 1:30—Outing: Conover Library & Park + Current News & Coffee / Activity: Guessing Game 2—Peer Group (S)
<b>13</b> 11—Outing: Walmart / Activity: Jeopardy (J) 1:30—Mental Health Monday: Window of Tolerance 2—Mindfulness Monday 	<b>14</b> 10:30—Bible Study (D) 11—Outing: Food Bank + Bread Store / Activity: BINGO (J) 1:30—Volunteering: Ashure / Group: Coping Skills 2—Activity: Game Time (NT)	<b>15 National Hot Dog Day</b> 10:30—Walking Group / Guest: Faith, Comfort Dog 11—Volunteer: Meals on Wheels Cooking Class: Cookout / Activity: Hot Dog Hangman  1:30—Volunteering: Ashure / Group: Goal Group 2—Word of the Day	<b>16</b> 10:30—Volunteering: Ashure (2hr) / Outing: Critter Keeper @ <i>Conover Library (11a-12p)</i> 11—Activity: Popsicle Boat Building 1:30—Group: Assertiveness 2—Peer Group (S) / Activity: Popsicle Boat Building Cont...	<b>17</b> 10—Outing: Movie @ Carolina Theater <b>(\$6.00)</b> 1:30—Outing: Conover Library & Park + Current News & Coffee / Activity: Madlib Madness  2—Word of the Day
<b>20</b> 11—Outing: Walmart / Activity: BINGO (J) 1:30—Mental Health Monday: Article Read+ Review 2—Mindfulness Monday 	<b>21</b> 10:30—Bible Study (D) 11—Outing : Dollar Tree Claremont / Activity: Brain Basics Poster 1:30—Volunteering: Ashure / Group: Coping Skills 2—Activity: Game Time (NT) 	<b>22 World Brain Day</b> 10:30—Walking Group 11—Outing: Conover Library & Park + Current News & Coffee / Cooking Class: Cold Platter / Activity: Jeopardy (J) 1:30—Volunteering: Ashure / Group: Goal Group 2—Word of the Day	<b>23</b> 10:30—Volunteering: Ashure (2hr) 11—Guest: Seniors on the Move / Activity: My Mandala 1—Outing: Catawba County Museum of History: America 250 @ <i>Claremont Library (2p-3p,</i> <i>transport home from outing) /</i> 1:30—Group: Conflict Resolution 2—Activity: My Mandala Cont...	<b>24 International Self-Care Day</b> 10—Picnic Prep 10:30—Outing: Murray's Mill Picnic (Creamery and General Store) 1:30—Activity: Spelling Bee-Hive 2—Peer Group (S) 
<b>27 National Love is Kind Day</b> 11—Outing: Walmart / Activity: Jeopardy (J) 1:30—Mental Health Monday: Reframing Thoughts 2—Mindfulness Monday 	<b>28</b> 10:30—Bible Study (D) 10:30— Outing: Food Bank + Bread Store 11— Activity: BINGO (J) 1:30—Volunteering: Ashure / Group: Coping Skills 2—Activity: Game Time (NT)	<b>29</b> 10:30—Walking Group 11—Outing: Thrift Shopping / Cooking Class: BBQ Plate / Activity: Price is Right 1:30—Volunteering: Ashure / Group: Goal Group 2—Word of the Day 	<b>30 International Friendship Day</b> 10:30—Volunteering; Ashure (2hr) Outing: Public Health Farmers Market + Library To Go 11—Activity: Friendship Bracelet 1:30—Group: Active Listening 2—Activity: Friendship Bracelet / Keychain Cont...	<b>31 \$ Order To-Go: Cookout \$</b> 10:30—Outing: Conover Library & Park + Current News & Coffee 11—Peer Group (S) 11:30—Activity: Party Prep  1:30—Porch Party w/ Games Karaoke + Mocktails 2:30—Porch Party Clean-Up (Order due to staff by 10:30. You are responsible for cash payment of meal.)