

## ADULT LIFE PROGRAMS

*Our vision is to be the leading provider of adult day services in NC*

Our Mission: To enhance the vitality of participants' lives and support their caregivers by providing quality adult day services designed to keep them connected to and involved in the community.

# October 2024

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MON	TUES	WED	THURS	FRI
<p>Emily -10/1 Betty -10/2 Gerald-10/5 Desmond- 10/8 Cole-10/17 Susan-10/29</p> 	<p><b>1</b> 10:15-11:15  Moving to the OLDIES Breast Cancer Awareness Month Black Dog Day  <b>1:00-1:45</b> Emily's Birthday Activity</p>	<p><b>2</b> 10:15-11:15 Singing &amp; Dancing w/ Macon/ Interactive Board Games <b>1:00-1:45</b> Betty's Birthday Activity </p>	<p><b>3</b> 10:15-11:15 Select-a-Song Fun Guessture w/Des &amp; Glenn Diamond Art w/ Nikki &amp; Sarah <b>1:00-1:45</b> <b>Participants Council</b> </p>	<p><b>4</b> 10:15-11:15 Inspirational Songs World Space Day World Animal Day  <b>1:00-1:45</b> World Smile Day Cinnamon Roll Day Gerald's Birthday Activity</p>
<p><b>7</b> 10:15-11:15 Moving to The OLDIES Morning Star/ Music &amp; Devotion Wii Games <b>1:00-1:45</b> National Chocolate Cover Pretzel Day Creative Craft w/ Heather</p>	<p><b>8</b> 10:15-11:15 Mental Relaxation Time Community Outing Shopping @  <b>1:15-1:45</b> Desmond's Birthday Activity </p>	<p><b>9</b> 10:15-11:15 National Stop Bullying Day Community Outing Shopping @  <b>1:00-1:45</b> Creative Crafts  Visiting w/ Comfort Dog Faith</p>	<p><b>10</b> 10:15-11:15 Select-a-Song Fun Community Outing Shopping @  <b>1:45</b> World Mental Health Day Groups Sessions</p>	<p><b>11</b> 10:15-11:15 Inspirational Songs National Spread Joy Day Fire Safety w/ Terry <b>1:00-1:45</b> Diversity Awareness Month Individual Activities Movie &amp; Clean Up Friday</p>
<p><b>14</b> 10:00-11:15 Feel Good Songs Multicultural Diversity Day Community Outing Shopping @  <b>1:00-1:45</b> Tye Dye w/ Kevin &amp; Lizzy</p>	<p><b>15</b> 10:00-11:15 Moving to The OLDIES Texting Tuesday Sweetest Day <b>1:00-1:45</b> Around The Clock (Dice Game)</p>	<p><b>16</b> 10:00-11:15 Inspirational Songs Indoor Camping w/ Eric Diamond Art w/ Nikki <b>1:00-1:45</b> National Boss's Day Number Game w/ Tracie</p>	<p><b>17</b> 10:00-11:15 Select-a-Song Fun Wear Something Gaudy Day Carlos's Anniversary Activity  <b>1:00-1:45</b> Cole's Birthday Activity</p>	<p><b>18</b> 10:00-11:15 Inspirational Songs Movie &amp; Clean Up Friday Mountain Trip <b>1:00-1:45</b> Individual Activities Movie &amp; Clean Up Friday</p>
<p><b>21</b> 10:00-11:15 Inspirational Songs National Apple Day <b>1:15-1:45</b> Sing along with Susie Q: Senti- mental Journey w/ Jennifer from Hickory Public Library</p>	<p><b>22</b> 10:00-11:15 Feel Good Songs National Color Day Let's Play BINGOCIZE <b>1:00-1:45</b> Match the Character w/ Tyler "Jake the Dog"</p>	<p><b>23</b> 10:00-11:15 Moving to The OLDIES Pumpkin Painting <b>1:00-1:45</b> Creative Coloring / Visiting w/ Comfort Dog "Faith" </p>	<p><b>24</b> 10:00-11:15 Geriatric Adult Specialty Team Crisis Prevention Hoarding Disorder <b>1:00-1:45</b> National Bologna Day Group w/ Shooting Stars ( Madison &amp; Glenn)</p>	<p><b>25</b> 10:00-11:15 Inspirational Songs Simon's Anniversary Activity <b>1:00-1:45</b> Individual Activities /Movie Friday &amp; Clean up</p>
<p><b>28</b> 10:15-11:15 Moving to The OLDIES What's In The Box w/ Sarah Hickory Aviation Museum <b>12:30-1:45</b> Jack-o'-Lantern Day  Reading Group Day</p>	<p><b>29</b> 10:15-11:15 Inspirational Songs  Susan's Birthday Activity <b>1:00-1:45</b> Shele's Anniversary Activity</p>	<p><b>30</b> 10:15-11:15  Feel Good Songs National Candy Corn Day <b>1:00-1:45</b> Setting Up Games for Fall Festival Halloween Movie</p>	<p><b>31</b> 10:15-11:15 Spooky Music Halloween Costume Contest <b>12:00-1:45</b> Halloween Fall Festival of GAMES</p>	<p>Wendy-10/11 (17yrs) Carlos-10/17(1year) Simon-10/26 (3yrs) Shele- 10/27 (9yrs)</p> 

**\*\* Activities are subject to change \*\***

**This institution is an equal opportunities provider**